

## TEST UPDATE DISCONTINUATION OF T-UPTAKE TESTING

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### OVERVIEW AND CLINICAL UTILITY:

On **February 24, 2014**, PathGroup Labs will **discontinue T-Uptake Testing**. Historically, T-Uptake testing was used primarily in conjunction with Total T4 to calculate the Free Thyroxine Index (FTI), a surrogate measure of Free T4. T-Uptake is of little clinical value alone; it's primary use was for determining the FTI. Free T4, or Thyroxine Free, is readily available in almost all clinical laboratories and is the preferred test alternative to T-Uptake and the Free Thyroxine Index. The American Thyroid Association recommends first line screening for thyroid disorders with a high sensitivity (3<sup>rd</sup> generation) TSH assay. TSH may be ordered with reflex to Free T4, if abnormal. Note that custom panels with T-Uptake included will be amended. T-Uptake and FTI will be removed where applicable.

DISCONTINUED TEST CODE (TEST NAME)	CPT CODE	LOINC
TUP (T-UPTAKE)	84479	3023-9
FTI (FREE THYROXINE INDEX)	NOT APPLICABLE	3022-1
FTIG (FREE THYROXINE INDEX WITH T4 AND TUP)	84479	NOT APPLICABLE

Questions concerning this change may be directed to Client Services at 615-562-9300 or 888-474-5227

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